

BEING

For Pewsey Group

Both our teachings speak of a ladder that can be climbed towards a higher. . . . well, higher something. Higher what? The word Being is used though as we have seen it's hard to define. It's a mixture of everything we are and the energy we have at any moment. Our individual beings are different: we all have different potentials and capabilities.

What does growth of being mean? It doesn't seem to mean just becoming bigger and better in some way, and there is a salutary passage in the Gospels about this:

Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

Which of you by taking thought can add one cubit unto his stature?

And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

(For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.

[*Matthew* Chapter 6, verses 25-34. King James version]

So one has to beware of aiming at the impossible – adding a cubit to one's height. But after all one is not trying to be exactly like Jesus or the Buddha or the Shankaracharya for that matter, though one might aim to be more Jesus-like and so on.

So what is possible within one's own capabilities? The System divides man into seven categories:

[*Psychological Lectures* excerpt – Man No. 1-7 description]

It sounds very daunting, but here are three secrets that no-one ever tells you:

MOST PEOPLE WHO SPEND TIME ON THIS WORK BECOME MAN NO 4

IT CAN HAPPEN TO YOU

IT CAN HAPPEN TODAY

So getting to be Man No. 4 is not that hard, though it's not a permanent state – the level of being fluctuates. What is it that changes in becoming Man No. 4? The capability does not change drastically, it is more that the quality of energy in the organism changes.

And with it there is an increased *understanding* of life, which according to the System depends on both knowledge and being. So there is a different level of understanding according to the step on the ladder.

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So how can we improve our being? We spent a lot of time at previous meetings on consciousness and attention, and the reason for this is that increased consciousness and attention are hallmarks of a better state of being. We can do something about our consciousness, by continually making efforts to wake up, to be in the present; and methods like meditation really help as they provide the energy that is needed for an improved state of consciousness.

We can also practise devotion. Devotion to whom or to what? We may already have something to which we are devoted, but if not perhaps the following could be a beginning: just to try to understand what Jesus meant by 'take no thought for the morrow'. This was meant for his disciples in a particular situation and it is not practicable in a physical sense for us. But because of western culture we do have a false sense of our own importance and our ability to exercise free will and to exercise control over our lives. Gradually surrendering this illusion may reveal the source to which we should be devoted. We might even become happier:

[FCR quotation from end of Being Part 2 08/14]

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