

21 June 1976

READING 6

Most people last week seemed to find no difficulty in seeing that the Physical (sensory) world which we share and the Subtle (psychological) world which is so individual are simultaneously in action; but some make the idea of a Third or Causal world rather hard to distinguish. Perhaps this is because we think in vague generalities without a clear and concrete example.

What are the salient features of the Causal world? A new group picked out two of them. Professor Guyatt reminded them that 'the subtle world is much larger than the physical, and the Causal much larger than either, which is not the way we ordinarily think'. Shortly afterwards Philip Jacobs said: 'What I find extraordinarily emotional is the fact that the Causal level exists all the time.'

Since anyone who follows H.H.'s advice, by training himself to see everything that way, gets such surprisingly refreshing results, I like to carry with me a simple analogy. So I take the London Telephone Exchange code:

On your telephone are three sets of figures (in my case 01-892-3433). If you are in London and you want to dial a London number you omit the 'causal' 01 – which is then 'taken for granted'. The middle set of figures refers to one of several hundred districts (subtle level); and then the four volumes of the London Directory give you several million individual subscribers 'decoded' into alphabetical order (physical level). So the London Telephone Exchange (causal level) is most comprehensive and 'exists all the time' whether one wants it or not, while only a tiny fraction of its potential is used at any one time. There are, of course, other possibilities which mostly come under 'Telecommunications' and one is also pleased to find (in large black letters near the beginning) the actual number of the Post Office Chairman himself!

One can't logically explain *why* the system *is* like this, it's only that 'nature' has evolved over millions of years, systems of nerve cells strangely similar to the way the Post Office people have done it for telephones on a smaller scale and in a shorter time. One sees that 'even such a causal level is subject to modification according to time and place'. The 'Inner Organ' on the causal level gives very comprehensive connections in a very small space; the district code numbers correspond to our separate functions (seeing, hearing etc.).

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The Causal level is reached when our psychological and physical worlds are quiet and still. If one achieves that stillness one can dial any number one wants – the individual pupil can 'dial the number' of the Realized man far away, and get an immediate reply. But, best of all, one can instantly get an answer to any important question from the 'All-knowing Self' when one has 'ceased from all one's willing and thinking' and approaches Him in the way He likes now that we have a 'fully Realized man as an advocate'.

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Here are some words of H.H. referring to a previous question from New York about 'going to special places (like Badrinath in the Himalayas) at special times':

A. Can one ask for further help on the subtle or causal levels, and if so how?

S. Help can be given in three ways – first the physical, then the subtle through knowledge, and the third through emotion. Suppose one determines to make the long hard pilgrimage to Badrinath. There are people who help with money, clothes or material equipment. Others can provide a map or information about travel expenses and facilities, about where and where *not* to stay; and what dangers to avoid. Still others can encourage with goodwill which is neither intellectual nor physical.

But when it is a question of ‘seeing’ the Deity, nobody’s help is necessary and no interpreter is required. This is only for the individual himself to achieve. All the help which relates to our physical and intellectual progress along the lines taught us here, and all the goodwill which the Shankaracharya gives, are freely available; but the rest must be done by the individual himself.

(Just as the Allans were going, H.H. continued):

... Even on the mental level, though there may be difficulties, these are so small that they can just be forgotten. The speed of mind is far greater than can ever be achieved by material means; one simply remembers someone and one is there with him. The speed of emotions (‘heart’) is greater still. To make the connection in such a case is simply to remember. For instance, if one wants to talk to somebody by telephone one merely has to dial the numbers in such a way that the connection is made, and one can have a talk.

It is simply necessary on the spiritual line to remember the person to whom one would like to be connected, and it is so instantaneous that there is no obstacle of any sort.

(Record, 9 March 1970)

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