

26 June 1967

READING 6

PSYCHOLOGICAL APPROACH TO COSMOSES (CONTINUED)

SOME HINTS FROM CONSCIOUS MAN

1. Here is a bird's eye view of the whole of human life and history as seen from another cosmos

Lucknow (August 8th 1964)

S. In the beginning all men are created equal. By their actions or deeds they accumulate good or bad, and this good or bad gives them pleasure or pain in their life. By deep meditation one can reach to that element which all men have in common.

2. Different materiality

Q. Is it possible to communicate through this element which two persons have in common?

S. There are three ways of communicating. One is the coarse way of the word; you communicate and express through words. A second way is the subtle way which is the mental way done through the mind, and further beyond that is the causal way which is done only through the heart. The last two – mental and causal – appear and feel very unmaterialistic. You cannot put your finger on them. What is done in the world by talk or with the help of mechanical devices, the Inner Circle does by inner ways of communication. They always do.

Q. How can one hear those ways of communication?

S. Just as there are three ways of communication, there are three levels of those who communicate. The men of the causal level, those who are on the highest level, only they can communicate through the causal source; the men on the subtle level and men with higher consciousness can communicate through the mind. But for the ordinary man only the coarse way is left. In our general experience in the world, if somebody is annoyed with somebody or one has inimical feelings towards someone, one tries to hit him or abuse in order to lower him down. If one fails through all these ways then he starts with the mental process to create ways and means, plans in his mind, contemplates, conspires and calculates in the subtle way of mind, and even then if he doesn't succeed then his whole being becomes hateful and he wants right from his heart that the enemy should perish. In the same way, if somebody has the feeling of love, the same three ways are experienced, that if you love somebody you try to do everything good for him. If you find it insufficient you think good in every way, and more so when you love with the heart, and the Realized Man also makes use of these three ways of communication.

The physical world works in a different way in comparison to inner world, the supernatural world. In our daily life we can describe a thing, we can know about a thing, we do things and then comes the result. But in the domain of inner world, the result which is the experience has to come first and then communication can be made. So it would be rather futile to try to know the result unless one experiences, and for that there is the example of a degree of Master of Arts. A man who hasn't studied cannot comprehend what it means. It is there and one can describe that it is Master of Arts, you

read so many books; but unless one goes through the process and experiences the knowledge, one cannot feel what it does feel like being a Master of Arts; and our aim at the moment in dealing with people and bringing them round to the System is to realise first that our inner and outer world must be united, we must come to a stage where any outer influence does not affect us. If we are moved by any outer influences we certainly don't possess the power to communicate properly, because we will not have the equilibrium. That is the first stage where any communication of this nature is possible. In short, it would be advisable to reach that stage first and then try to comprehend what lies beyond.

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Q. To meditate faithfully and constantly, a strong desire is necessary. This desire... would be stronger if it came from experience of Self-Realization. Is it possible to be given this experience so that desire can be stronger?

S. The purpose of life according to the Eternal way is to be whole, complete and One. This is certainly related to the super-natural world – the world which is not very obvious – and this wholeness can only be achieved by those who have a desire for it, and according to the System this Knowledge can be given only to those with intense desire for it... So one should be careful to who to give and to whom not to give...

An expert doctor would first look at the patient, examine him and prescribe a medicine, and the prescription will be according to his state and the nature of his illness... If one comes with a pretence of being ill, the doctor knows this too; he will observe and treat him accordingly. All this applies also to the supernatural world; they (the Inner Circle) know just by a glance who needs what, and it is promptly given.

To the next question about storing energy, he replied:

S. Accumulation of Sattva would certainly lead to greater Spiritual energy; but there are both good and bad ways of spending it. This Sattva has the power to give you the proper direction, and one doesn't need direction from any outside agency to tell one what to do. One would know by his own Self. But bad company could influence you and drag you on the downward trend, so watch the company you keep. They could make you spend your energy far more quickly, for waste goes faster than good use.

[Try to think about the Mesocosmos in comparison with the Cosmos of the 'Natural World' which seems familiar to us. Find parallels by using similes such as the one above about the doctor.]

3. The Moving and the Motionless

(August 9th, 1964)

S. The sound of a Festival in an Indian village sounds as a loud roar from a distance, but once you join in the Festival this roar seems to disappear because you become part of it. [No need to go to India, the same applies to our refectory at supper on a Monday!]

This also relates to the observations of science, when one object passes by another at speed then both appear to be moving, and it is often difficult to distinguish which is still. Trains are examples: People sitting in a moving train can suppose that a stationary train

is moving; and vice versa, looking out from a stationary train and observing the next train to you starting up, you also get this illusion of movement. If you don't pay attention to the moving train, then you feel motionless; but the moment your attention is caught by the moving train, you get the illusion. The same happens in meditation. If you attend to the motion of something it starts interfering with your stillness.

COMMENT

Now try to follow this line of thought in relation to another cosmos. For example, we on the earth watch the apparent movement of the Sun and talk about the Sun 'rising and setting'. Whereas of course, it is we who are moving relative to the Sun. The geocentric picture of the Universe before Copernicus was due to this same illusion, for all their observations seemed to confirm it.

But what about science today? The more distant the galaxy the faster it appears to be moving, until some nearly reach the speed of light! The speed of chemical reactions appears great, but that of electronic and photochemical reactions appears greater still. And what of speeds within the atom, and the velocities and transient existences of 'Ultimate particles'? What is the Truth about all this 'movement'? As the microcosmos looks out at the large and the small it seems to see increasing speeds of movement the further it gets from itself in the chain of cosmoses. Can this be just because the restless mind is *attending to the movement*? But suppose the attention is directed *inwards away from the movement*, will it not perceive the next cosmos in terms of increasing stillness – longer time? Remember that the System calls the Hagiocosmos (the World of Galaxies) by the name 'Eternal Unchanging'.

Try to find evidence which might support this idea as part of the 'Psychological Approach to different Cosmoses'.

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