

July 1964

## SUMMER PROGRAMME

This 'Summer Programme' is meant to help each of us to answer for ourselves the question (Luke 10: 25), 'What shall I do to inherit Eternal life?', which the lawyer himself rightly answered from his own reading of the law: 'Thou shalt love the Lord thy God with all thy heart and with all thy soul (Greek 'psyche') and with all thy strength and with all thy mind (dianoia); and thy neighbour as thyself'.

### FIRST DAY

We have no control over Consciousness which belongs to 'Our Father in Heaven', but through the 'setting up of Attention' we can prepare a room where Consciousness can visit and later live. 'For *Thine* is the Kingdom, the Power and the Glory for ever and ever..'

### SECOND DAY

For the 'setting up of Attention' something has to happen every day in the three lower rooms. It can be summarised as the 'waking up of our Emotional faculty guided by reason'. This is the meaning of the expression 'No work can be done in sleep'.

### THIRD DAY

'Attention' in its real meaning is a delightful and entirely *passive* state which has been called 'a sort of self-less lovingness'. If we cultivate it a little every day it will naturally begin to show in our outward lives.

### FOURTH DAY

The Story of the 'Good Samaritan' describes the culmination of this outward manifestation of the state of Attention by the Ideal Man who has fully realized his possibilities. It is an epitome of School Work based on 'Understanding' or the simultaneous integration of the three faculties of 'head, heart and hand' in Consciousness.

### FIFTH DAY

The story of the 'Good Samaritan' turns on the meaning of a mysterious word, variously translated: in Greek 'eleos', in old English 'mercy', in French 'miséricorde', in Russian 'mēlost' (from a word often used for 'darling'). In reality the word 'mercy' seems to have meant the 'outward and visible sign of an inward and Spiritual grace' – in this case, the state of Attention combining head, heart and hand.

Room 4 'Soul'	Pure Consciousness Happiness Unity and 'Will' 'Our Father in Heaven'
Room 3 'Mind'	Reasoning Faculty 'the Glory'
Room 2 'Heart'	Loving Faculty 'the Kingdom'
Room 1 'Strength'	Alerting Mechanism 'Waking up' 'the Power'

#### SIXTH DAY

This state of Attention then, (which must be experienced by anyone before he can know what it means) is the basis of the three lines of Work – work for oneself, work with other people in the School and work for the School as a whole in its relations with the outer world.

All actions starting with 'mercy' belong to a certain triad, which it is our aim to use. The school and its members must be protected from all action belonging to the opposing triad. The difference can be recognised intuitively with the help of awakened Conscience.

#### SEVENTH DAY

**In summary:** Work with the aim of union with Consciousness and inheritance of Eternal life follows the line, 'Be ye therefore perfect as your Heavenly Father is perfect'. A good motto could be, 'Only the best of everything is good enough for me'.

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[NOTE: The 'state of Attention' is set up by oneself in two short periods each day, and is practised outwardly in daily life. Use it also to think over the above themes for each day.]

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