

QUESTIONS FOR GROUPS TO ANSWER

How would you interest the following people in the System:

1. A Civil Servant – ‘Public Relations Officer.’

Though I used to experience peace of mind at intervals, during the last two years I have found it very difficult to overcome increasing worry and negative emotions, which at times have an almost paralysing effect. I sleep well but the ‘worry circle’ starts up immediately on waking. I want to feel free of worry and to discover where the right path lies.

2. A Physicist working in electrical engineering research.

I want to find the truth and to understand the purpose of the scheme of things in which I find myself.

3. Mrs. H.—Housewife with child aged 1.

I need the desire to want to change and also I want happiness and understanding.

4. A Photographic Salesman.

Though my health is good, I feel that I am wanting something. Perhaps it is understanding of myself.

5. Miss H.—School Secretary.

I want to know what is the purpose of life and how to change myself so as to become *one* instead of being a different person in different circumstances. That is, I want ‘Self-realisation’.

6. Miss S. (A young German girl)—Secretary.

I want to be of good use, to make people happy and help them. I want to be balanced so that I may be able to face any situation with calmness.

7. Miss B.—Embroideress.

The present state of my mind is not very good. I have had in the past the feeling of ‘well-being’, but now this is completely lost. Once I could have said what I want, but now I am not sure what I do want.

8. Engineer.

I want help to know what *is wanted*, not just what I want.

The above are just the statements on the forms of the last lot of people coming to be given the meditation. We really need a synopsis of the best line that could be taken with each of these people. Some time needs to be spent on each.

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